

Having an עליה (Aliyah)

literally: coming up or ascending to the תורה (Torah)

There are generally 7 עליות (aliyot) during the שבת (Shabbat) morning תורה (Torah) reading in addition to the מפטיר עליה (maftir aliyah) which goes to the בר/בת-מצוה (Bar/Bat Mitzvah). There are 3 עליות (aliyot) on שבת (Shabbat) afternoon at the מנחה (mincha) service.

When one is honored by a call to the תורה (Torah), he/she should:

1. **Approach the תורה (Torah)**
2. **Tell the תורה (Torah) reader his/her full Hebrew name (your first Hebrew name *ben/bat* you father and mother's Hebrew names**
3. **Touch the תורה (Torah) with his/her טלית (tallit) or the חגורה (chagurah - belt), at the point designated**
4. **Kiss the טלית (tallit) or חגורה (chagurah - belt)**
5. **Roll the Torah together and hold the rollers with both hands.**
6. **Recite the blessings from the card on the reading table.**
(or simply remember this, touch-kiss-roll-hold-pray!)

At the conclusion of the reading, he/she should again touch the תורה (Torah) with his/her טלית (tallit) or the חגורה (chagurah - belt), at the point designated, touch it to his/her lips and recite the appropriate blessing.

Honorees should remain on the בימה (bimah) at the תורה (Torah) reading table until the following עליה (aliyah) is complete. Tapes of the תורה (Torah) blessings are available from Rabbi David.

Blessing before the reading from the תורה (Torah)

Leader: Barchu et Ado-nai ham'vorach

Cong.: Baruch Ado-nai ham'vorach l'olam va-ed

Leader: Baruch Ado-nai ham'vorach l'olam va-ed

Leader: Baruch Ata Ado-nai Eloheinu Melech ha-olam, asher bachar banu mi-kol ha-amim v'natan lanu et Torato. Baruch Ata Ado-nai notein Hatorah.

העולה מברך: בָּרַכְנוּ אֶת יְיָ הַמְּבָרָךְ:
ועונין הקהל: בָּרוּךְ יְיָ הַמְּבָרָךְ לְעוֹלָם וָעֶד:
העולה: בָּרוּךְ יְיָ הַמְּבָרָךְ לְעוֹלָם וָעֶד:
העולה: בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
אֲשֶׁר בָּחַר בָּנוּ מִכָּל הָעַמִּים וְנָתַן לָנוּ אֶת
תּוֹרָתוֹ: בָּרוּךְ אַתָּה יְיָ, נוֹתֵן הַתּוֹרָה:

Bless THE INFINITE the blessed One!

Blessed is THE INFINITE, the blessed One, now and forever!

Blessed are you, ETERNAL ONE, our God, the sovereign of all worlds, who has drawn us to your service, and has given us your Torah.

Blessed are you, ETERNAL ONE, who gives the Torah.

Blessing after the reading from the תורה (Torah)

Leader: Baruch Ata Ado-nai Eloheinu Melech ha-olam asher natan lanu Torat emet v'cha-yei olam nata bytocheinu. Baruch Ata Ado-nai notein Hatorah.

העולה: בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
אֲשֶׁר נָתַן לָנוּ תּוֹרַת אֱמֶת, וְחַיֵּי עוֹלָם נָטַע
בְּתוֹכֵנוּ: בָּרוּךְ אַתָּה יְיָ, נוֹתֵן הַתּוֹרָה:

Blessed are you, ETERNAL ONE, our God, the sovereign of all worlds, who has given us a Torah of truth, and planted in our midst eternal life.

Blessed are you, ETERNAL ONE, who gives the Torah.